BRISTOL AMBLERS- DECEMBER 24 TO END MARCH 2025

(formerly St Pauls & Easton Walking Group)

Contact: John & Lyn 07910 138 699

email:johnandlynda26@gmail.com

IF YOU DECIDE TO MEET AT THE START OF THE WALK PLEASE LET THE WALK LEADER KNOW IN CASE OF ANY TRAVEL CHANGES

DATE	WALK	MEET, TRAVEL &END	DESCRIPTION & LEADERS	SYMBOLS
Fri 6 th DEC	TREEFEST	Watershed (for toilets) 1015 for 1030 End: approx midday at the Christmas market	A flat short walk from the centre to Broadmead, via St Mary Redcliffe to view the Tree fest, continuing along the river behind Temple Meads station. Finish at the Christmas market to delight in glorious colours and smells. Treat yourselves to some street food or there are many cafes to choose from - perhaps it will be mince pie time - yay! Approx 2.1/2 miles Led by Margi /Jane	→ WC P
Fri 13 th	Handmade Chocolate -	Bus stop B7 opposite Primark 1000 for 1013 7 bus to Horfield Sports Centre 1036	A walk from Horfield Common via some back ways through Bishopston to Gloucester Road shops. Learn of the history of the area along the way Finish on Gloucester Road for independent shops, cafes, restaurants and Christmas shopping opportunities.	MUD S WC part way through
DEC	Bishopston - my neighbourhood	End: 1300 Gloucester Road	Led by Margaret / Rob	if wet
Thurs 9 th JAN	SOUTHVILLE SAUNTER	Asda, East Street Entrance 1005 for 1015 End: Tobacco Factory 1230 for refreshments	A gentle saunter around Southville while learning some fascinating facts about the area whilst taking in the artwork. 2.5 miles mainly flat with a couple of inclines, Led by William / Margi	a few steps with handrail
	0115501111		Covering some of Bristol's most charming and architecturally diverse areas, through some of the city's most beautiful Georgian and Victorian neighbourhoods. From the grandeur of Clifton to the	777 A 🕿 🗾 🔤
Tues 21 st JAN	CLIFTON to the CREATE CENTRE & Feedback Meeting	Victoria Rooms 1020 for 1030 End: 1245 approx at Create Centre, an eco-frier cafeteria located on the riverside	picturesque harbourside at Hotwells. A delightful urban walk to see panoramic views across the city and harbour. Zigzagging through this scenic area down its steep streets, maybe uneven, and sometimes challenging, two staircases up & down, pedestrian overbridge, two sets lock gates, parts of open water without barrier 1245 Feedback Meeting at Create Centre Led by Rosa & Chris / Rob / Lyn Please contact Lyn or Rob for any queries	WC
Weds	KINGSWESTON	Cenotaph 1000 for the 1015 No 4 bus from C7, Penpole Lane 1040	A linear walk, taking in the "new" bridge, Echo statue, Kingsweston House and some fantastic views. Mainly on hard surfaces although there will be some uneven ground and one short slope.	777 5 2 2
5 th FEB		End: Shirehampton about 1300. Bus back every mins.		WC P
Fri 14 th	VALENTINE'S DAY WALK	Bristol Bus Station0945 for 1000 X6 to Clevedon, Little Harp stop1045 A familiar, but scenic walk along the coast with views across the Bristol Channel - weather permitting. Wear something red and bring a favourite poem (doesn't have to be about))) [5 <u></u>
FEB	Poet's Walk, Clevedon End: 1300 for bus back or refreshments Valentine's day) Led by Margaret / Margi / Lyn			MUD WC
Weds		Bristol Bus Station, Bay 18, 0925 for 0937 376 Note that with the weekly market on, the bus may be busy. We will get out by the market at 1050 ra	55 WC P	
26 th FEB	CITY of WELLS	have a Gardeners World 2 for 1 Card bring it along for access to the P be busy. We will get out by the market at 1050 rather than at the bus station in Wells End: 1230 There are hourly buses back to Bristol (1247 being the first after the walk finishes) have a Gardeners World 2 for 1 Card bring it along for access to the P walk) and finishing at the cathedral. The weekly market will also be on in time to visit it. All hard surfaces, so suitable for all. Led by Jon L / Margi / Annette		
Weds 12 th MAR	CONGRESBURY	Bristol Bus Station, Bay 11, 1015 for 1025 X1 arrives Congresbury Bridge 1101 End: 1300 for refreshments or X1 back to Bristol	A circular flat walk around Congresbury. Mainly on hard surfaces although there maybe some uneven ground particularly following the river back into the village where there are plenty of options for refreshments Led by Cathy / William / Lyn	at bus station or end
Tues		Bristol Bus Station, Bay 12, 1015 for 1025 X4, Alight at the Windmill Inn for a walk across fields, along the promenade with views over the		or end
25 th MAR	PORTISHEAD Windmill Inn, Nore Rd 1133 estuary, ending in the Royal or X4 bus back from opposite W		estuary, ending in the Royal or X4 bus back from opposite Waitrose	WC P
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30-60 mir 1-2 mile		us & Moderate Steep Uneven alk incline/s incline/s ground	I Stans I I I I I I I I I I I I I I I I I I I	Vheelchair Mobility scooter accessible accessible

BUS TRAVEL

If you wish to join the walk at the starting point please let the walk leader know in advance

We often use buses to take us the start of our walks. Please note that bus times and route may be subject to changes. Bus timetables and travel information can be found at Traveline 0871 200 2233 www.traveline.info or go to: https://www.firstbus.co.uk/bristol-bath-and-west/plan-journey/timetablesor https://bustimes.org/areas/9

PLEASE REMEMBER

- wear suitable, supportive footwear (or you may be refused
- & bring walking sticks/poles if needed
- dress appropriately for the weather
- bring along face mask and hand sanitizer if required
- do not walk if you feel unwell
- remember to bring any necessary medication e.g. inhaler
- bring water, snacks, refreshment money & bus/train fare or bus/train card to the walk
- walk to increase breathing but not to exhaust

<u>PLEASE DO NOT</u> walk in front of the Walk Leader or talk when they are speaking & move away from the group if taking/making mobile calls

NOTE: WALKERS ATTEND AT THEIR OWN RISK

Walk Leader Contact Numbers			
John Townsend	07910 138 699		
Lyn Townsend	07305 741 799		
Margi Johnson	07474 228 585		
William Malik	07845 922 328		
Margaret Curtis	07817 645 836		
Cathy Darlow	07870 874 092		
Jon Lucas	07735 650103		
Rob Thatcher	07902 939 005		
Annette Virgo	07740 996 554		
Jane Sessions	07806 409 535		
The walk leaders are volunteers so please avoid evening calls			

- a text is better (but no texting to William please)



50P DONATION FOR THE PROGRAMME IS USED TOWARDS VOLUNTEER WALK LEADERS RAIL FARES, BUS FARES, £3 REFRESHMENT ALLOWANCE & PRINTING COSTS



BRISTOL AMBLERS

(formerly St Pauls& Easton Walking Group)

DECEMBER 24 TO END MARCH 2025

Bristol Amblers (we amble - not ramble!) are a friendly and welcoming group so we hope you can be persuaded to come along and join us.

Weoffer **free w**alks of up to 3 miles. Where possible we try to offer 'leave points' to accommodate walkers of varying levels. We meet in the City Centre, bus or train station or at where the walk starts. Walks are led by trained volunteers.

Rain won't stop us walking but other weather conditions, transport of other issues may alter the planned route.

As well as walks in the city, countryside and seaside, we also try and engage our minds by offering walks that nourish our interest in nature, history, the arts and the sciences.

Before your first walk with our walking group you will need to complete a short registration form (support available to help complete). Each walk group has their own database. So please arrive 10 minutes early - or print off from the Wellspring website link below, complete in advance, and bring along with you.

We ask that all walkers arrive at least 5 minutes before the advertised time so the walk can start promptly.

If you have additional needs or queries please contact **John/Lyn 07910 138 699** johnandlynda26@gmail.com

Current programme/registration form at:-

https://wellspringsettlement.org.uk/support/improve-my-health-fitness-and-wellbeing/

For pics and comments on walks – check out Margi's Walking Page on Facebook

