

# BOWEN THERAPY with Stella



Appointments available Wednesdays  
from 9am to midday

A non-invasive, light-touch therapy that can help with back problems, stiffness, aches and pains, sciatica, migraines, and stress and anxiety.

Available at our Wellspring Site, through the Community Complementary Clinic, offering reduced-cost therapies to local residents.

Stella is a Registered Bowen Therapist. She is fully insured with Holistic Insurance.

Book by calling  
0117 304 1400  
or emailing  
reception@  
wsb.org.uk



[www.wellspringsettlement.org.uk](http://www.wellspringsettlement.org.uk) [info@wsb.org.uk](mailto:info@wsb.org.uk)

Settlement Site, 43 Ducie Road, BS5 0AX - 0117 955 6971

Wellspring Site, Beam Street, BS5 9QY - 0117 304 1400

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