

THBRISTOL AMBLERS – AUGUST TO NOVEMBER 2023

Contact: John & Lyn 07910 138 699

(formerly St Pauls & Easton Walking Group)

email: johndlynda26@gmail.com

| DATE | WALK | MEET, TRAVEL & END | DESCRIPTION & LEADERS | SYMBOLS |
|----------------------------------|--|---|--|----------------------------------|
| Thurs 10 th AUG | TY SCULPTURE TRAIL NAILSEA | Bristol Bus Station, Bay 13, 1000 for 1015 X9 bus Arrive: Nailsea, Stockway North stop 1049 End: Trout Farm approx 1300 - X7 bus back at end | Through back streets and field paths to woodland sculpture trail to spot the carvings. and bubbling pool. Some steep ups and downs with steps and mud if wet Led by John B / Rob | MUD if wet |
| Fri 25 th AUG | CLEVEDON RIVER WALK | Bristol Bus Station, Bay 12, 0945 for 1000 X6 Tesco Clevedon 1045 End: Salthouse 1300 | A leisurely walk along bank of River Yeo - maybe some bird watching. Return to Clevedon via St Andrew's Church and Poet's Walk. Finish at Salthouse for refreshments or one of the many cafes on the seafront or town centre. Toilet at Tescos, incline at end, 2.5 miles Led by Margaret / Linny / Rob | MUD if wet |
| Weds 30 th AUG | NEWTON ST LOE | Bristol Bus Station, Bay 16, 0940 for 0953 X39 Globe Inn 1034 End: Globe Inn bus stop 1400 for X39 back | A rural walk along paths through Bath Uni grounds to the lovely village of Newton St Loe, with refreshments at the Farm Café, before returning to Globe bus stop Led by William / Cathy / John T | |
| Tues 12 th SEPT | DAY TRIP TO BARRY ISLAND, WALES (see *Train Travel over) <i>maximum 20 walkers – must be booked</i> | £5 deposit – returnable on the day - to secure a place. (£11.55 return Groupsave/Railcard – or £17.80 full fare) End: trains at 41 & 56 mins past the hr with a change at Cardiff (taking from 1hr 34m to 1hr 55m) | A walk round the Knapp admiring the scenery, onto the picturesque Marine Lake and Knapp Gardens – after lunch, may have time for a paddle!! Finish at approx 1430 for refreshments in one of the many cafes. Meeting details/time will be provided when booking. Led by Margi / John T / Lyn T | |
| Weds 27 th SEPT | SEVERN BEACH (see *Train Travel over) and feedback meeting | Bristol Temple Meads Forecourt, 1015 for 1046 train (£1.95 return Groupsave/Railcard – or £3 full fare). Severn Beach Station 1123 End: 1315 at Shirley's Café for feedback meeting | An easy level walk Northwards along the prom/sea wall with fine estuary views and return route alternatives. Trains back on the hour Feedback meeting 1330 at Shirleys Café Led by John B / John T / Lyn T | |
| Mon 2 nd OCT | BURNHAM ON SEA (see *Train Travel over) | Bristol Temple Meads Foyer at 0930 for 0956 train (£8.05 return Groupsave/Railcard – or £12.20 full fare) Highbridge Station 1035 (39m) Return: Highbridge Station for hourly train (on about the half hour) | (See pic over) Flat footpath walk of about 2 miles, alongside River Brue and through Apex Park & Lakes and on into BoS town for lunch, shopping or self exploring Either walk or catch bus back to Station Led by John & Lyn T (Annette and Margaret will be at the station to help sort out train tickets if we are already at BoS) (please bring the correct fare in cash) | one way |
| Tues 17 th OCT | EASTVILLE TO OLDBURY COURT | Centre cascade steps 1000 for the 1017 24 bus (stop C13) to Eastville park 1039 (corner Muller Rd and Fishponds Rd – opposite the petrol station) End: approx 1300 for refreshments at Fishponds | A walk along the Frome Valley to observe the autumnal changes. A brief stop at Snuff Mills before we head on up to Oldbury Court to Fishponds with a selection of café/pubs Led by Margi / Margaret / Cathy | MUD if wet |
| Fri 3 th NOV | ABBOTS LEIGH to CLIFTON SUSPENSION BRIDGE | Bristol Bus station, Bay 11, 1010 for 1020 X4 George Inn 1040 (for toilets) End: 1300 at the bridge | Countryside walk with views over the Bristol Channel and through Leigh Woods Just over 3 miles. Not suitable for buggies. Small café on the other side of the bridge – or walk into Clifton Village for more choice Led by William / John T / Rob | MUD if wet |
| Tues 14 th NOV | PENSFORD CIRCULAR | Bristol Bus station, Bay 18, 1115 for the 1128 376. Arrives: Pensford Bridge 1208 End: Approx 1430 - bus back every 15 mins (376 or 172) or finish at George & Dragon | From the bridge in Pensford village, through the village, past the old jail and across fields and along the river Chew to Publow (Acker Bilks grave), then onto Woollard crossing the ford. Return on other side of river and retrace the route from Publow. No stiles but there could be cattle in fields Led by: Cathy / Jane / Margaret | bring snacks as later finish |
| Weds 29 th NOV | VICTORIA PARK & CITY CENTRE, BATH | Bristol Bus Station, Bay 16, 0950 for 1007 X39 bus Start: at entrance to park at Park Lane by the children's playground at 1100 (when the bus is due to arrive) End: 1230 at Bath bus station | NOTE buses may be busy due to the Christmas Market. If you wish to make your own way to Bath, let the walk leader know in advance. Walk around the park, including the Botanic Garden, finishing with a walk into the city centre, where the Christmas Market should be taking place. Led by Jon L / William / Rob | |

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| 30-60 mins 1-2 miles | 60-90 mins 2-3 miles | Bus & walk | Train & walk | Stile/s | Moderate incline/s | Steep incline/s | Uneven ground | Steps | Rest opportunities | Toilet | Refreshment stop | Buggy friendly | Wheelchair accessible | Mobility scooter accessible |

***TRAIN TRAVEL**

Please bring right amount of CASH for the train fare as it is too difficult to pay by card at the ticket desk when buying multiples - and sign in with the Walk Leader BEFORE buying tickets - even if you have a train pass. They can then organize groups of walkers to take best advantage of Groupsave tickets and no-one should have to pay the full fare. Prices and times are correct at time of publishing

PLEASE REMEMBER

- don't forget the sunglasses, sunhat, sunscreen & insect repellent if needed
- bring along face mask and hand sanitizer if required
- do not walk if you feel unwell
- remember to bring any necessary medication e.g. inhaler
- bring water, snacks, refreshment money & bus/train fare or bus/train card to the walk if required
- dress appropriately for the weather
- wear suitable, supportive footwear & bring sticks/poles if needed
- walk to increase breathing but not to exhaust

PLEASE DO NOT walk in front of the Walk Leader or talk when they are speaking & move away from the group if taking/making mobile calls

NOTE: WALKERS ATTEND AT THEIR OWN RISK

Walk Leader Contact Numbers

| | |
|---|----------------------|
| John Townsend | 07910 138 699 |
| Lyn Townsend (another new number!) | 07305 741 799 |
| John Beales | 07802 268 839 |
| Margi Johnson | 07474 228 585 |
| William Malik | 07826 074 130 |
| Margaret Curtis | 07817 645 836 |
| Jon Lucas | 07735 650 103 |
| Cathy Darlow | 07870 874 092 |
| Rob Thatcher | 07902 939 005 |
| Linny Josham | 07719 236 065 |
| Jane Sessions | 07806 409 535 |

The walk leaders are volunteers so please avoid evening calls - a text is better (but no texting to William please)



50P DONATION FOR THE PROGRAMME IS USED TOWARDS VOLUNTEER WALK LEADERS RAIL FARES, BUS FARES, REFRESHMENTS ALLOWANCE OF £3 & PRINTING COSTS



BRISTOL AMBLERS
(formerly St Pauls & Easton Walking Group)

AUGUST to NOVEMBER 2023

Bristol Amblers (we amble - not ramble!) are a friendly and welcoming group so we hope you can be persuaded to come along and join us.

We offer **free** walks of up to 3 miles. Where possible we try to offer 'leave points' to accommodate walkers of varying levels. We meet in the City Centre, bus or train station or at where the walk starts. Walks are led by trained volunteers. Rain won't stop us walking but other weather conditions, transport of other issues may alter the planned route.

As well as walks in the city, countryside and seaside, we also try and engage our minds by offering walks that nourish our interest in nature, history, the arts and the sciences.

Before your first walk with our walking group you will need to complete a short registration form (support available to help complete). Each walk group has their own database. So please arrive 10 minutes early - or print off from the Wellspring website link below, complete in advance, and bring along with you.

We ask that all walkers arrive at least 5 minutes before the advertised time so the walk can start promptly.

If you have additional needs or queries please contact
John/Lyn 07910 138 699 johnandlynda26@gmail.com

Current programme/registration form at:-

<https://wellspringsettlement.org.uk/support/improve-my-health-fitness-and-wellbeing/>

For pics and comments on walks – check out Margi's Walking Page on Facebook



Burnham on Sea Oct 2022