

# REIKI

## with Francesca



**Mondays from 10am to 2pm**

**A non-invasive, energy rebalancing technique that can help with relief from pain, insomnia, anxiety, depression and many other issues.**

**Available at our Wellspring Site, through the Complementary Health Clinic, offering reduced-cost therapies to local residents.**

**Francesca is a certified Reiki Master Teacher Practitioner. She is fully insured with Holistic Insurance Services.**

**Book by  
calling 0117  
304 1400 or  
emailing  
reception@  
wsb.org.uk**

