

BOWEN THERAPY

with Stella



Wednesdays from 9am to midday

A non-invasive, light-touch therapy that can help with back problems, stiffness, aches and pains, sciatica, migraines, and stress and anxiety.

Available at our Wellspring Site, through the Complementary Health Clinic, offering reduced-cost therapies to local residents.

Stella is a Registered Bowen Therapist. She is fully insured with Holistic Insurance.

Book by
calling 0117
304 1400 or
emailing
reception@
wsb.org.uk

