












































































BRISTOL AMBLERS – MAY to SEPT 2022

Contact: John & Lyn 07910 138 699

(formerly St Pauls & Easton Walking Group)

email: johnandlynda26@gmail.com

DATE	WALK	MEET, TRAVEL & END	DESCRIPTION & LEADERS	SYMBOLS
Fri 6 th MAY	CLUTTON CIRCULAR	Meet: Bristol Bus Station, Bay 18, 1010 for 1020 376, Rogers Close Clutton 1102 End: 376 every 30 mins (takes 44 mins)	Start at the Soap Bar Cafe (opp Bus Stop - BS39 5TA) for take away coffee and loo (bring travel mug for take away coffee). Through Clutton, countryside, Greyfield Wood and back to the Cafe for refreshments. Possible cattle in field Led by William / John T	     
Mon 16 th MAY	PORTBURY BLUEBELLS (see pic overleaf)	Meet: Bristol Bus Station, Bay 12, 1030 for 1040 X4, Sheepway bus stop 1114 End: approx 1330 Sheepway X4 every 30 mins or pub for refreshments	Footbridge over M5, through Portbury Village, to Prior's Wood on tracks and paths, with massed woodland bluebells. Some steep sections (up and down) plus steps. Finishing at The Priory Pub, Portbury, for lunch Led by John B / Cathy	     
Tues 31 st MAY	BRADFORD-on-AVON/ AVONCLIFF/ FRESHFORD <i>**see Train Trips overleaf</i>	Meet: Temple Meads Station Foyer 0925 for 0945 train, BoA Station 1018 (33 mins) End: Avoncliff or Freshford Stations hourly	From B-o-A along the canal to Avoncliff for a stop for refreshment (or return by train) then onto Freshford with frequent return trains - or lunch Led by William / Jane (fare £12.10 return or £7.95 with GWR 3 for 2 or railcard)	     
Fri 17 th JUNE	FROME VALLEY WALKWAY (part of) and Feedback Meeting	Cascade Steps, The Centre, 1000 for 1015 24 bus towards Southmead, corner of Eastville Park (opp Petrol Station 1039) End: approx 1300 at Fishponds Tap (ex Portcullis) for 'feedback' meeting	The walk follows the River Frome, through Eastville Park to Fishponds, with a short stop at Snuff Mills for toilets/refreshments - if muddy, will change route that leads up to Fishponds. Feedback Meeting 1300 at Fishponds Tap (ex Portcullis) - large garden if dry Led by Margi / Annette	     
Weds 29 th JUNE	SEVERN BEACH (by train) <i>**see Train Trips overleaf</i>	Meet: Temple Meads Station Foyer 1020 for 1046 train, which stops at every station, Severn Beach Station 1123. £3 return or £1.95 with GWR 3 for 2 or railcard	There-and-back-again loop south towards Avonmouth with spectacular views over the Estuary. Toilets and Bakery or Shirley's Café all available Led by Julie / John B End: Train returns at 1 minute past the hour, hourly (takes 42 mins)	     
Fri 15 th JULY	PRE- HARBOURFEST	Meet: 1020 for 1030 outside the M Shed End: approx 1230 for refreshments - plenty of venues to choose from	A gentle stroll around our beautiful harbourside, observing what is being set up for the Festival, which we have missed for two years. Plenty of seats and eateries if you choose to pause Led by Margi / Annette	     
Tues 26 th JULY	BRUTON (by train) <i>must be booked and £6 paid in advance</i>	Meet: Temple Meads Station Foyer 0920 for 0945 train, Bruton 1054 (1hr 9m) End: Bruton Station 1611, TM 1728 (1hr 10m)	A pre-arranged summer visit to Hauser & Wirth Art Gallery & Gardens and a walk around Bruton town. You could bring sandwiches. We hope to have tickets from GWR for £6 (a reduction of the full fare of £17.70 (or £11.65 with railcard or GWR 3 for 2)). The numbers are limited & must be booked & paid for in advance. Feedback will be required by GWR Led by John T & Lyn	     
Weds 3 rd AUG	TEMPLE MEADS to ST NICK'S MARKET	Meet :1400 at top of Temple Meads Station Incline End: St Nicholas Market 1600	A flatish circular afternoon walk through The Dings and part of St Philips before heading back through the Old Market area, Castle Park and finishing at St Nicholas Market Led by Cathy / William	     
Thurs 11 ^h AUG	PORTISHEAD CIRCULAR	Meet: Bristol Bus Station, Bay 12, 1015 for 1040 X4, Sainsbury's Portishead 1123 End: Possett Cup PH approx 1330	A level circular walk from Portishead, through the Ashlands Nature Reserve, and back along coast via the marina for lunch Led by John B / Julie	     
Weds 24 th AUG	CONGRESBURY to SANDFORD	Meet: Bristol Bus Station, Bay 9, 0950 for 1000 X1, Congresbury Bridge 1033 End: 126 Sandford to either Wells (Market) or Weston-s-Mare for buses back to Bristol	Take away coffee (bring travel mug) and toilet at Congars Café. Level walk on footpaths, along part of the Strawberry Line. A visit to Sandford Station Railway Heritage Centre & good coffee at the Railway Inn (expensive food so you could bring sandwiches). No shelter if raining and no 'leave points' possible Led by William / Cathy	     

														
30-60 mins 1-2 miles	60-90 mins 2-3 miles	Bus & walk	Train & walk	Stile/s	Moderate incline/s	Steep incline/s	Uneven ground	Steps	Rest opportunities	Toilet	Refreshment stop	Buggy friendly	Wheelchair accessible	Mobility scooter accessible



BRISTOL AMBLERS
(formerly St Pauls & Easton Walking Group)



MAY to SEPT 2022

**** TRAIN TRIPS**
Please sign the Walk Leader's register **BEFORE** buying tickets even if you have a train pass. They can then organize groups of walkers to take best advantage of GWR Groupsave tickets and no-one should have to pay the full fare

BUS TRAVEL

We often use buses to take us to the start of our walks. Please note that bus times may be subject to changes. Bus timetables and travel information can be found at:
<https://bustimes.org/operators/first-in-bristol-bath-the-west>
Traveline: 0871 200 2233 www.traveline.info
or go to: www.firstgroup.com/ukbus

NOTE: WALKERS ATTEND AT THEIR OWN RISK

Please remember

- don't forget sunglasses, sunhat, sunscreen & insect repellent
- bring along face mask and hand sanitizer
- do not walk if you feel unwell
- remember to bring any necessary medication i.e. inhaler
- bring water, snacks, refreshment money & bus/train fare or bus/train pass if required
- dress appropriately for the weather
- wear suitable, supportive footwear & bring walking sticks/poles if needed
- walk to increase breathing but not to exhaust

PLEASE DO NOT walk in front of the Walk Leader or talk when they are speaking & move away from the group if taking/making mobile calls

Bristol Amblers (we amble - not ramble!) are a friendly and welcoming group so we hope you can be persuaded to come along and join us.

We offer **free** walks of up to 3 miles. Where possible we try to offer 'leave points' to accommodate walkers of varying levels. We meet in the City Centre, bus or train station or at where the walk starts. Walks are led by trained volunteers. Rain won't stop us walking but weather conditions, transport or other issues may alter the planned route.

As well as walks in the city, countryside and seaside, we also try and engage our minds by offering walks that nourish our interest in nature, history, the arts and the sciences.

Before your first walk with our walking group you will need to complete a short registration form (support available to help complete). Each walk group has their own database. So please arrive 10 minutes early - or print off from the Wellspring website link below, complete in advance, and bring along with you.

We ask that all walkers arrive at least 5 minutes before the advertised time so the walk can start promptly.

If you have additional needs or queries please contact
John/Lyn 07910 138 699 or johnandlynda26@gmail.com

Current programme/registration form at:-

<https://wellspringsettlement.org.uk/support/improve-my-health-fitness-and-wellbeing/>

For pics and comments on walks – check out Margi's Walking Page on Facebook

Walk Leader Contact Numbers

John & Lyn Townsend	07910 138 699
Lyn Townsend *please only ring/text on day of walk or emergencies	*07960 788 189
John Beales	07802 268 839
Julie Boston	07791 867 512
Annette Virgo	07740 996 554
Margi Johnson	07474 228 585
William Malik	07826 074 130
Cathy Darlow	07870 874 092
Jane Sessions	07806 409 535

The walk leaders are volunteers so please avoid evening calls - a text is better (but no texting to William please)

