

# BRISTOL AMBLERS – MAY to SEPT 2022

Contact: John & Lyn 07910 138 699

(formerly St Pauls & Easton Walking Group)

email: johnandlynda26@gmail.com

| DATE                          | WALK  | MEET, TRAVEL & END   | DESCRIPTION & LEADERS  | SYMBOLS  |
|-------------------------------|---|--|--|--|
| Fri<br>6 <sup>th</sup> MAY    | CLUTTON<br>CIRCULAR   | <b>Meet:</b> Bristol Bus Station, Bay 18, 1010 for 1020 376, Rogers Close Clutton 1102<br><b>End:</b> 376 every 30 mins (takes 44 mins)  | Start at the Soap Bar Cafe (opp Bus Stop - BS39 5TA) for take away coffee and loo ( <b>bring travel mug for take away coffee</b> ). Through Clutton, countryside, Greyfield Wood and back to the Cafe for refreshments. Possible cattle in field <b>Led by</b> William / John T  |      <br>    |
| Mon<br>16 <sup>th</sup> MAY   | PORTBURY BLUEBELLS<br>(see pic overleaf)  | <b>Meet:</b> Bristol Bus Station, Bay 12, 1030 for 1040 X4, Sheepway bus stop 1114<br><b>End:</b> approx 1330 Sheepway X4 every 30 mins or pub for refreshments  | Footbridge over M5, through Portbury Village, to Prior's Wood on tracks and paths, with massed woodland bluebells. Some steep sections (up and down) plus steps. Finishing at The Priory Pub, Portbury, for lunch <b>Led by</b> John B / Cathy   |      <br>      |
| Tues<br>31 <sup>st</sup> MAY  | BRADFORD-on-AVON/<br>AVONCLIFF/<br>FRESHFORD<br><i>**see Train Trips overleaf</i> | <b>Meet:</b> Temple Meads Station Foyer 0925 for 0945 train, BoA Station 1018 (33 mins)<br><b>End:</b> Avoncliff or Freshford Stations hourly  | From B-o-A along the canal to Avoncliff for a stop for refreshment (or return by train) then onto Freshford with frequent return trains - or lunch <b>Led by</b> William / Jane ( <i>fare £12.10 return or £7.95 with GWR 3 for 2 or railcard</i> )  |     <br>       |
| Fri<br>17 <sup>th</sup> JUNE  | FROME VALLEY<br>WALKWAY (part of) and<br>Feedback Meeting                         | Cascade Steps, The Centre, 1000 for 1015 24 bus towards Southmead, corner of Eastville Park (opp Petrol Station 1039)<br><b>End:</b> approx 1300 at Fishponds Tap (ex Portcullis) for 'feedback' meeting | The walk follows the River Frome, through Eastville Park to Fishponds, with a short stop at Snuff Mills for toilets/refreshments - if muddy, will change route that leads up to Fishponds. <b>Feedback Meeting 1300 at Fishponds Tap (ex Portcullis)</b> - large garden if dry <b>Led by</b> Margi / Annette   |     <br>   |
| Weds<br>29 <sup>th</sup> JUNE | SEVERN BEACH<br>(by train)<br><i>**see Train Trips overleaf</i>                   | <b>Meet:</b> Temple Meads Station Foyer 1020 for 1046 train, which stops at every station, Severn Beach Station 1123. <b>£3 return or £1.95 with GWR 3 for 2 or railcard</b>                             | There-and-back-again loop south towards Avonmouth with spectacular views over the Estuary. Toilets and Bakery or Shirley's Café all available <b>Led by</b> Julie / John B<br><b>End:</b> Train returns at 1 minute past the hour, hourly (takes 42 mins)  |     <br>      |
| Fri<br>15 <sup>th</sup> JULY  | PRE- HARBOURFEST  | <b>Meet:</b> 1020 for 1030 outside the M Shed<br><b>End:</b> approx 1230 for refreshments - plenty of venues to choose from  | A gentle stroll around our beautiful harbourside, observing what is being set up for the Festival, which we have missed for two years. Plenty of seats and eateries if you choose to pause <b>Led by</b> Margi / Annette   |    <br>    |
| Tues<br>26 <sup>th</sup> JULY | BRUTON<br>(by train)<br><i>must be booked and £6 paid in advance</i>              | <b>Meet:</b> Temple Meads Station Foyer 0920 for 0945 train, Bruton 1054 (1hr 9m)<br><b>End:</b> Bruton Station 1611, TM 1728 (1hr 10m)  | A pre-arranged summer visit to Hauser & Wirth Art Gallery & Gardens and a walk around Bruton town. <b>You could bring sandwiches. We hope to have tickets from GWR for £6 (a reduction of the full fare of £17.70 (or £11.65 with railcard or GWR 3 for 2)). The numbers are limited &amp; must be booked &amp; paid for in advance. Feedback will be required by GWR</b> <b>Led by</b> John T & Lyn |     <br>     |
| Weds<br>3 <sup>rd</sup> AUG   | TEMPLE MEADS to<br>ST NICK'S MARKET   | <b>Meet</b> :1400 at top of Temple Meads Station Incline <b>End:</b> St Nicholas Market 1600   | A flatish circular afternoon walk through The Dings and part of St Philips before heading back through the Old Market area, Castle Park and finishing at St Nicholas Market <b>Led by</b> Cathy / William  |    <br>    |
| Thurs<br>11 <sup>h</sup> AUG  | PORTISHEAD<br>CIRCULAR  | <b>Meet:</b> Bristol Bus Station, Bay 12, 1015 for 1040 X4, Sainsbury's Portishead 1123<br><b>End:</b> Possett Cup PH approx 1330  | A level circular walk from Portishead, through the Ashlands Nature Reserve, and back along coast via the marina for lunch <b>Led by</b> John B / Julie   |     <br>      |
| Weds<br>24 <sup>th</sup> AUG  | CONGRESBURY to<br>SANDFORD  | <b>Meet:</b> Bristol Bus Station, Bay 9, 0950 for 1000 X1, Congresbury Bridge 1033<br><b>End:</b> 126 Sandford to either Wells (Market) or Weston-s-Mare for buses back to Bristol                       | Take away coffee ( <b>bring travel mug</b> ) and toilet at Congars Café. Level walk on footpaths, along part of the Strawberry Line. A visit to Sandford Station Railway Heritage Centre & good coffee at the Railway Inn ( <b>expensive food so you could bring sandwiches</b> ). <b>No shelter if raining and no 'leave points' possible</b> <b>Led by</b> William / Cathy                         |      <br>     |

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| 30-60 mins<br>1-2 miles   | 60-90 mins<br>2-3 miles   | Bus &<br>walk   | Train<br>& walk   | Stile/s   | Moderate<br>incline/s  | Steep<br>incline/s  | Uneven<br>ground  | Steps   | Rest<br>opportunities   | Toilet  | Refreshment<br>stop   | Buggy<br>friendly   | Wheelchair<br>accessible  | Mobility<br>scooter<br>accessible   |



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**\*\* TRAIN TRIPS**  
Please sign the Walk Leader's register **BEFORE** buying tickets even if you have a train pass. They can then organize groups of walkers to take best advantage of GWR Groupsave tickets and no-one should have to pay the full fare

**BUS TRAVEL**

We often use buses to take us to the start of our walks. Please note that bus times may be subject to changes. Bus timetables and travel information can be found at:  
<https://bustimes.org/operators/first-in-bristol-bath-the-west>  
Traveline: 0871 200 2233 [www.traveline.info](http://www.traveline.info)  
or go to: [www.firstgroup.com/ukbus](http://www.firstgroup.com/ukbus)

**NOTE: WALKERS ATTEND AT THEIR OWN RISK**

**Please remember**

- don't forget sunglasses, sunhat, sunscreen & insect repellent
- bring along face mask and hand sanitizer
- do not walk if you feel unwell
- remember to bring any necessary medication i.e. inhaler
- bring water, snacks, refreshment money & bus/train fare or bus/train pass if required
- dress appropriately for the weather
- wear suitable, supportive footwear & bring walking sticks/poles if needed
- walk to increase breathing but not to exhaust

***PLEASE DO NOT walk in front of the Walk Leader or talk when they are speaking & move away from the group if taking/making mobile calls***

**Bristol Amblers (we amble - not ramble!)** are a friendly and welcoming group so we hope you can be persuaded to come along and join us.

We offer **free** walks of up to 3 miles. Where possible we try to offer 'leave points' to accommodate walkers of varying levels. We meet in the City Centre, bus or train station or at where the walk starts. Walks are led by trained volunteers. Rain won't stop us walking but weather conditions, transport or other issues may alter the planned route.

As well as walks in the city, countryside and seaside, we also try and engage our minds by offering walks that nourish our interest in nature, history, the arts and the sciences.

Before your first walk with our walking group you will need to complete a short registration form (support available to help complete). Each walk group has their own database. So please arrive 10 minutes early - or print off from the Wellspring website link below, complete in advance, and bring along with you.

**We ask that all walkers arrive at least 5 minutes before the advertised time so the walk can start promptly.**

If you have additional needs or queries please contact  
**John/Lyn 07910 138 699 or [johnandlynda26@gmail.com](mailto:johnandlynda26@gmail.com)**

**Current programme/registration form at:-**

<https://wellspringsettlement.org.uk/support/improve-my-health-fitness-and-wellbeing/>

**For pics and comments on walks – check out Margi's Walking Page on Facebook**

**Walk Leader Contact Numbers**

|  |                       |
|--|-----------------------|
| <b>John &amp; Lyn Townsend</b>   | <b>07910 138 699</b>  |
| <b>Lyn Townsend</b> *please only ring/text on day of walk or emergencies | <b>*07960 788 189</b> |
| <b>John Beales</b>   | <b>07802 268 839</b>  |
| <b>Julie Boston</b>  | <b>07791 867 512</b>  |
| <b>Annette Virgo</b>   | <b>07740 996 554</b>  |
| <b>Margi Johnson</b>   | <b>07474 228 585</b>  |
| <b>William Malik</b>   | <b>07826 074 130</b>  |
| <b>Cathy Darlow</b>  | <b>07870 874 092</b>  |
| <b>Jane Sessions</b>   | <b>07806 409 535</b>  |

***The walk leaders are volunteers so please avoid evening calls - a text is better (but no texting to William please)***

