

LOW COST COUNSELLING



If you're on benefits or are unemployed you can reap the rewards of therapy too.

We offer a comfortable, confidential environment for you to explore your thoughts and feelings. All counsellors are independent and dedicated to providing services for those local residents who are on low incomes.

- **Qualified and accredited counsellors**
- **Appointments take place at our Wellspring Site, Beam Street**
- **Costs are agreed between you and your counsellor.**

**Contact the
Wellspring Site
Reception on
0117 304 1400 or by
emailing
reception@
wsb.org.uk and we
will pass your
details on to a
counsellor**